



## Asparagus Pesto

### 190gms

Lucia's Asparagus and Almond Pesto is a unique and flavourful blend that combines the fresh, green taste of asparagus with the rich, nutty flavour of almonds. This pesto offers a sophisticated and versatile option for enhancing a variety of dishes, from pasta and salads to sandwiches and dips.

#### Ingredients:

Green asparagus (63%), sunflower oil, grana padano pdo cheese (milk, egg), almond (1,9%), extra virgin olive oil, concentrated lemon juice, salt, pine nut. Refrigerate after opening. Made in Italy

#### Important:

Must be refrigerated after opening to maintain safety.

Nutrition Information		
Servings per package: 4, Serving size: 47.5 g		
	Avg. Quantity per serving	Avg. Quantity per 100g
Energy	615 KJ	1295 KJ
Protein	1.6 g	3.4 g
Fat, Total	15.2 g	32.0 g
-Saturated	1.9 g	4.0 g
Carbohydrate	1.6 g	3.4 g
-Sugars	0.3 g	0.6 g
Dietary Fibre	0.7 g	1.5 g
Sodium	260 mg	580 mg